



**College Principal:**  
**JULIE MASON**

# Baden Powell College News

*"Looking Forward, Staying Ahead"*

**THEME OF THE MONTH: RELATIONSHIPS**  
"Fabulous Friendships begin in February"  
**ISSUE TWO: 24TH FEBRUARY 2011**

## FEBRUARY

- Friday 25<sup>th</sup> Derrimut students only - swimming trials
- Casual dress day for those who have donated a novelty item
- Monday 28<sup>th</sup> Subway orders for Derrimut Heath campus are due back
- College Council nominations close
- Last day EMA applications can be lodged
- Buddy Book week for Carnival

## MARCH

- Tuesday 1st SUBWAY LUNCH DAY for Tarneit campus
- Wednesday 2nd HCPPSA Swimming Sports
- Friday 4th Last day for Conveyance Applications
- Sunday 6th Wyndham Fun Run
- Monday 7th Clean up Australia week
- Tuesday 8th Senior Students Swimming Sports
- SUBWAY LUNCH DAY for Derrimut Heath campus
- Year 7 / 8 Swimming Sports
- Parents and Friends Meet and Greet 6.30pm at Derrimut Heath campus
- Parents and Friends AGM 7pm at Derrimut Heath campus
- Thursday 10th Student Photo Day
- Friday 11th Clean up Australia Day
- Summer Interschool Sport
- Monday 14th Labour Day student free day, no school
- Friday 18th Junior Camp Day, Prep Brekky, Grade One dinner and Grade 2 sleepover
- Please note assembly change for Derrimut Heath campus @ 11:30am
- For presentation of leader badges by our Mayor
- Tarneit presentation of leader badges by our Mayor – @ 2pm

**College Council President: ANGE DREVER**

**Website: [www.bpc.vic.edu.au](http://www.bpc.vic.edu.au)**

**School Captain:**  
**JARROD VELLA**

**College Captain:**  
**CHELSEA HART**

[baden.powell.p9.tarneit@edumail.vic.gov.au](mailto:baden.powell.p9.tarneit@edumail.vic.gov.au) (Tarneit)  
and [baden.powell.p9.co@edumail.vic.gov.au](mailto:baden.powell.p9.co@edumail.vic.gov.au) (for DH).

**College Captain:**  
**ALIYAH PARAHA**

**College Captain:**  
**JOSHUA HUNT**

**Derrimut Heath PS Campus**  
Sycamore Street, Hoppers Crossing, 3029  
**Telephone: (03) 9748 8688 Fax: (03) 9748 7073**



**BADEN POWELL COLLEGE**

**Tarneit Prep – 9 Campus**  
81-97 Baden Powell Drive, Tarneit  
**Telephone: 8734 0900 Fax: (03) 8734 0950**

## FROM THE DESK OF OUR COLLEGE PRINCIPAL

### Carnival

The College Carnival is happening on **Saturday the 2<sup>nd</sup> of April from 10 am to 3pm** and we hope to see you there. This is a major fundraising activity and two years ago we raised over \$30000. For the next few weeks we have a range of opportunities for you to support the Carnival and this week we are asking families to donate a novelty item that can be used for small prizes for the various stalls. Last week we had a bottle collection and I thank all those people who donated soft drink, sauce, shampoo and wine. I also want to thank parents who have business connections and have donated substantial amounts of money. Every effort helps so please read the Carnival Newsletter that we send home and enjoy the excitement of the Carnival.

### Traffic/ Parking Issues

As many of you know the traffic around our schools can be quite challenging. I urge you to obey the road and parking rules at all times as both the police and the traffic management section of Wyndham City Council do come to our schools on a regular basis and some people have received infringement notices. Please do not park across the driveway of neighbourhood houses. I encourage you to insist that your children use the school crossings. There are 3 school crossings at the Tarneit Campus and 1 at Derrimut Heath and too frequently I see children crossing very busy roads without using the school crossings. This is particularly important for students who ride bikes or scooters.

### Medical Alert

Please ensure that any medication that is provided for students is taken to sick bay. We had a situation last year where tablets were placed in a school bag and unfortunately these tablets got into the hands of a child in Prep. Thank goodness the outcome was not serious but these situations highlight the need to be very careful with medication.

### Swimming Sports

Next week students from Baden Powell College will be competing in the Inter School Swimming competition to be held on the 2<sup>nd</sup> of March for Primary students and the 7<sup>th</sup> and 8<sup>th</sup> of March for secondary students. I am so pleased that some of our hard working staff are taking training sessions in the weeks prior to the sports and are conducting trials on the 24<sup>th</sup> and 25<sup>th</sup> of March. If your child is selected to be in the BPC swim team please come along and support them.

### Working Bees

We always appreciate the time that families give to the improvement of the school grounds. I need you to help us out by attending a working bee this year. The first working bee for 2011 is on Saturday the 26<sup>th</sup> of

February at both schools. I will be at **Tarneit from 11am until 1pm** and then at **Derrimut Heath from 2pm until 4pm** and I would really appreciate your help. We will be developing a new garden area at Tarneit so that the children who are in the portables have their own garden to be proud of, and at Derrimut Heath we are going to paint the seats in the courtyard and generally clean up around the school.

### Inappropriate Student Behaviour

From time to time we have a situation where adults have been unhappy with student behaviour and decided to take action. We would prefer that you bring to our attention the behaviour that is a concern and allow us to deal with the situation. Tell us if our students are behaving in an unacceptable manner just outside the school grounds or before and after school within the grounds.

### Value- Relationships

This month we are teaching your child strategies to help them make and keep friends. We are encouraging the students to show cooperative, caring and considerate behaviours and to understand that honesty, trust and loyalty are important in developing positive relationships with new people. In reality children learn these behaviours from birth and you play a very important role in the social development of your children. I encourage you to talk about making and keeping friends with your child and to always model the behaviours that you expect them to show.

**Yours in Education,  
Looking Forward Staying Ahead**

*Julie Mason* College Principal



## EDUCATION MAINTENANCE ALLOWANCE 1<sup>ST</sup> INSTALMENT 2011

If you are a current holder of a health care, pension or a veteran affairs card or you are a foster parent and your card is valid on the first day of term 1 (1<sup>st</sup> February 2011) you are eligible for the Education Maintenance Allowance of \$230 per year.

Application forms and more information are available at the office. All applications must be lodged by 28th February, 2011.

**No late applications can be accepted**

## CONVEYANCE ALLOWANCE

Parents may be able to claim a conveyance allowance from the Department of Education & Training if you meet the following criteria:

- A student **must live more than 4.8km** by the shortest practicable route from the nearest school.
- A Student must be enrolled at the nearest government primary school
- A student cannot claim the conveyance allowance if bypassing a nearer government primary school than that being attended.

This allowance is for families living further than 4.8km from the school, where no other government primary school is available for them to attend. An example would be families living in Chartwell, Tarneit, and Truganina etc. It does not include families travelling from Werribee.

If you require further information or an application form, please contact Jean Pettersen at the school office on 8734 0900.

## NETBOOK 1 : 1 PROGRAM

For those students waiting patiently for our Netbooks to roll out we have great news they have arrived at Baden Powell College.

Our wonderful technicians are just preparing them for you and they will be distributed as soon as complete.



## BADEN POWELL COLLEGE'S CARNIVAL SATURDAY 2<sup>ND</sup> APRIL FROM 10am -3pm

Don't forget to put this date in your diary as we have some amazing events to look forward to. The entertainment will astound you as we introduce some of the best talents, dancing schools, and martial arts in the state.

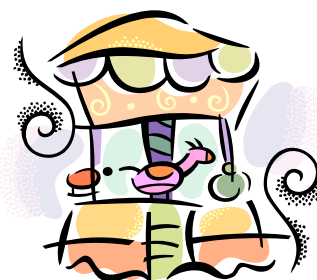
But our big surprise is that we even have amazing live DJs. If you haven't heard of them yet you certainly will when they play for us at our Carnival. Yasumo / Pony Club DJs Evan Lesware/Jeremy Fava and Casey Manaya.

We do thank you for supporting our requests for donations and hope the children who have donated a novelty item have fun wearing their casual dress this Friday. They also have a colouring competition to look forward to and reading books with their buddies. So next week they bring along any books they wish to donate to our book stall but share them with their buddy grade first.

As our wonderful Mrs Cowie has sourced an incredible range of showbags we will be sending home the list for you to choose from earlier than anticipated on our calendar. They will range from preschool age, older children's goodies to food bags. So save your coins for your purchases.

Remember it will be a fantastic opportunity to meet your community and enjoy the festivities.

From 10 am - 3pm you can join us for a fantastic day. Our parents will have so much to do while the children enjoy the rides, you can just browse through our variety of stalls, relax over a Devonshire tea, win prizes on our spinning wheel or bid at our really great auction which always has sensational items





BADEN POWELL COLLEGE

**EARLY YEARS PARENT HELPERS COURSE**

Dear Parents,

Due to a very busy term we would like the opportunity to offer you the Early Years Parent Helpers course in term two. We would like to give you a chance to take part in this very valuable training on a Saturday morning . It will be held at the Tarneit campus but is available for all of our community.

If you wish to assist in your children’s classrooms it is necessary for you to complete the **PARENT HELPERS IN THE EARLY YEARS CLASSROOM COURSE**. The sessions will be available for all parents across both campuses , as stated already, and will be held during the dates listed below. We would like to encourage you to complete the course.

The **Early Years program** is a carefully balanced and structured approach to teaching **Literacy and Numeracy Prep – 4**. The classrooms Helpers course encourages parents to identify as partners in the education of their children and develop skills to assist in the sessions.

Each training session considers the role of the classroom helper and how they may assist with the classroom activities, while the responsibility of teaching remains with the teacher. Please complete the form below and return it to your classroom teacher if you wish to complete the course.

The sessions will be held during transition on:

**Session One: Saturday 30th April 10 – 11.30am**

**Session Two: Saturday 7th May 10 – 11.30am**

**And possibly, if required, Session Three: Saturday 14th May 10 – 11.30am**

At Baden Powell College it is expected all parents complete the course before helping in the classroom.

To register for this course, please call Cathy Sproal on 8734 0900 or email on: sproal.cathy.m@edumail.vic.gov.au. A form is attached to be returned to your child’s classroom teacher if this is more convenient for you.

*Looking forward to working with you*

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**EARLY YEARS PARENT HELPERS COURSE**

**I am interested in participating in the Parent Helpers course**

**Name**.....

**Phone**.....**Campus**.....

**Child’s Name**.....**Grade**:.....

# LITERACY AT BADEN POWELL COLLEGE

## HANDWRITING

### Handwriting Without Tears – Fun Ideas [www.hwtears.com/parents/easytouse/funideas](http://www.hwtears.com/parents/easytouse/funideas)

Small movements of the hand are fine motor skills and they are crucial to holding a pencil. If your child needs extra practice to strengthen fine motor skills, here are some activities you can try at home:

- Cut out pictures from newspapers or magazines
- Put together small beads and play with toys that teach building skills
- Knead and build with dough or clay
- Hide small objects in the dough and have your child find them
- Play pegboard games
- Play with any toys that involve manipulation of small pieces
- Use a water bottle to squirt water in patterns on the path outside
- Have a cotton ball race across the table with your child pushing it with a different finger each race
- Finger paint on a paper plate with sand or shaving cream
- Use small marshmallows and toothpicks to form letters
- String, popcorn, buttons, beads to make necklaces
- Use a hole punch to create a design on a piece of paper
- Clip clothes pegs to a container or a hanging string
- Apply lace to cards with punch holes in them
- Gather small objects from around the house (small buttons, beads etc). Place them in a container first and then tip out onto floor. Have your child pick them off the floor with a pair of tweezers and place them back in the container
- Use 'pointer' / forefinger and thumb to screw a screw into a piece of polystyrene

Students from Grades 2 onwards, have to learn how to write quicker but also neatly. Select a small passage out of your Take Home Story Book or any magazine, write it out neatly and correctly. Time yourself (ask mum/dad to help) for this first practice and record it under your written passage. The next 4 nights, re write the passage, neatly and with correct spelling, time yourself and record it. Check whether your spelling of each word is correct. Check how you have gone with your timing of writing the passage.

Next newsletter..... using pictures to help understand the text

### Cathy Sproul

Leading Teacher  
Early Years Literacy Coach/Coordinator  
Baden Powell College  
Tarneit Campus  
Phone: 87340900  
Fax: 87340950



### ANTI LITTER THURSDAY (EVERYDAY??)

Welcome all of our new families we would like to introduce you to our **Anti Litter Thursdays**. This is where your child is encouraged to bring **NO LITTER**, or as little as possible, to school on Thursdays for the whole day. Our aim at Baden Powell is to eliminate all litter at school. So if your child can bring their lunch and play lunch in a plastic lunch box or a reusable snap lock bag on Thursdays they would be supporting our school and helping improve and cleanse our environment. If your child has a lunch order they can place their named lunch box in the crate and the wonderful ladies in canteen with return it to them with their order. Wouldn't it be great if every day was an anti litter day.



### THANK YOU FOR YOUR SUPPORT

Last year we started collecting recycled print cartridges, through Cartridge World in Werribee, which would help our environmental issues and in doing so managed to raise money for our school. We would like to sincerely thank you for supporting this venture. **This program of recycling cartridges through Cartridge world is continuing so please place your empty cartridges in the recycle container in the foyers of each campus.**



## SEASONS GRIEF EDUCATION PROGRAM

Loss and grief are issues which affect all of us at some stage in our lives. Learning to deal effectively with these issues is central to well being and happiness.

Unresolved grief can also affect a student's learning. Baden Powell College is offering an Australian Education Program called **Seasons for Growth**, which supports participants who have experienced change in their family because of a death, separation or divorce. The program explores issues such as change, loss, managing feelings, coping strategies and support networks. Seasons is an eight session program, which concludes with an additional "Celebration" session. Seasons is facilitated by Mrs Payne, who has received special training to facilitate this program. Sessions will be held for 3 / 4 hour each week during school time in term 2. If you think your son / daughter would benefit from Seasons we would encourage you to talk to them about this. Should he / she decide to participate please fill in the tear off section below and return it to the school as soon as possible.

We are pleased to be able to offer this important program and we are confident that it will be a valuable learning experience for those involved. If you have any further information please contact Mrs Payne on 9748 8688.



### SEASONS EDUCATION GRIEF PROGRAM

I \_\_\_\_\_ give consent for my son / daughter  
\_\_\_\_\_ to attend the Seasons Grief Program.

Child's Grade: \_\_\_\_\_

Parent / Guardian Signature \_\_\_\_\_



## UNIVERSITY OF NSW AND AUSTRALIAN MATHS TRUST COMPETITIONS 2011

Baden Powell College offers the opportunity for students to participate in the University of NSW competitions. All competitions, with the exception of spelling, are available for year 3 to year 9. Spelling is available for year 3 to year 7. There is a fee for participation in each competition and students, together with their parents, can choose to enter as many competitions as they would like.

Student's Name: \_\_\_\_\_ Class: \_\_\_\_\_ Year Level \_\_\_\_\_

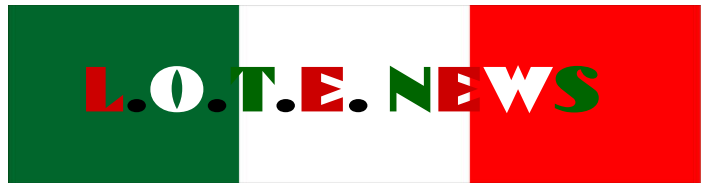
Subject	Date of competition / test	Entry fee	Fee Enclosed
Computer Skills	Tuesday 24 <sup>th</sup> May	\$7.70	
Science	Wednesday 8 <sup>th</sup> June	\$7.70	
Spelling	Tuesday 24 <sup>th</sup> May	\$11.00	
Writing	Tuesday 24 <sup>th</sup> May	\$16.50	
English	Tuesday 5 <sup>th</sup> July	\$7.70	
Mathematics	Tuesday 19 <sup>th</sup> July	\$7.70	
<b>Australian Maths Trust Maths Competitions</b>	Thursday 4 <sup>th</sup> August	\$5.50	
Total Payment			

If you would like your child / children to participate in any of these competitions, please complete and return the form below with the correct money to Genni Douglas (via the office at both Derrimut Heath and Tarneit) by **Tuesday 29<sup>th</sup> March**.

**Please note:**

**All entries will be forwarded at this time and we will be unable to make late entries.**

**Please ensure that all details are completed, then enclose form and correct money in a clearly labelled envelope. Genni Douglas**



Students from both campuses enjoyed a wonderful Italian experience as they enjoyed the Carnivale puppetry and tasty treats from the gelato van. Two of our students would like to share their thoughts with you.

**From Brittany TMP** 'I loved the puppet show that I saw on Feb 17. I liked that he made it funny. He also told us information and an impression on every character in his show. The last mask he told us about was a man who we could not understand but he was using hand gestures and making it easier to understand. Everybody was saying before the show that they have seen it before. I have seen it before as well but I would see it every day because it always makes me laugh.'



'I thought it was interesting because he told us what character they were. Also I think it was very very funny because he would put the mask on and he would act like that character. He made me interested by using expression in his voice'

'I really enjoyed and loved the puppet show because the way the puppet man played his characters, he really did put a lot of effort to make them realistic and funny. I found the history behind the puppets was interesting because I didn't know the history and it was all done very.'

'The gelati was very yummy and I really enjoyed it'

**Binita TMP** 'I loved the way when he changed his voice and made it a comedy'

'The show was very hilarious and interesting and it was funny how he picked on people'

'He had a good acting voice, his puppets are really cool. I had a good time.'

'He interacted with the audience. It was funny and kept our attention.'

'I really like the parts how he put the masks on and done every character and interacted with the audience'



**Amiamo Gelati = We love Gelati !!!!**



## CANTEEN CORNER

DERRIMUT HEATH  
CANTEEN NEWS

New Lines

Twisties only \$1

Tiny Teddies only 60 cents

Shapes for 60cents

Watch out for our new  
Paddle Pop promotion  
Where you can win a free  
paddle pop.  
See the canteen at your  
campus for further details.

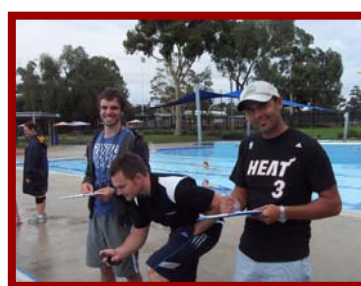
# SPORT / PE AT BADEN POWELL COLLEGE

**Swimming training / trials** - is going great but we would love to see more involved. There are still a few positions available in the Tarneit team so please see Mr. Zammit or Mr. Dean if you believe that you could help the swimming team out. I can guarantee it will be a great day out at the Swimming Carnival.

Derrimut Heath has their trials tomorrow (Friday 25<sup>th</sup>) so please come along and try out for a team. Good luck to our members of the swimming team.

Grade 3 - 6's competing on 2<sup>nd</sup> March.

Year 7 -9's competing on 7<sup>th</sup> March.



## Active After School Care

Active after school care has started for this term. The aim of this program is to encourage students to enjoy healthy eating as well as be engaged in physical activity. Through the program we also aim to show pathways to community sport involvement.

Students are offered fruit followed by a 1 hour free tuition in the sport / activity they have chosen. This is all funded by the Australian Sports Commission so I encourage your child to be a part of this free program.

What's on this term?

### Derrimut Heath Campus

Wednesday - Multi sports - targeted at Grade 1 / 2

Thursday - Netball - targeted at Grade 5/6 and 3/4 if places available

Friday - Basketball - targeted at Grade 3 / 4 's and a great lead up to Hooptime.

### Tarneit Campus

Wednesday - Taekwondo - targeted at 5/6 students and 3/4 if places available.

Thursday - European Handball and Soccer targeted at 3/4 students.

Friday - Multi sports - targeted at Grade 1/2.

## Baseball Champs from Tarneit

### Inter School Baseball

If you haven't heard yet our Year 7 and 8 Baseball team won the Round Robin Competition last week. A great start to the year. This was made possible by brilliant work in the field, star batsman and general good teamwork. Well done team!

Mitchell C*	Jordan R	Zaine O
Alil J*	Leroy M	Amanuel M*(pitcher)
Christian P	Charles D*	Daniel L *
Joshau W*	Mitchell E*	Renaldo J (pitcher)
Coach: Mr. Zammit.	Steven C (pitcher)*	Keith C (pitcher)*

\* denotes home runs

Good luck boys if you have the opportunity to proceed to the next level.

Lorraine Jennings PE Convenor



# SPORT / PE AT BADEN POWELL COLLEGE continued

## Sports Profiles

Each newsletter we will aim to give you an insight into games children play by interviewing our sports students. Hopefully this will encourage both parents and students to think about sport and hopefully encourage more families to become involved in community activities. Students may collect profile sheets from the PE office if they would like to be part of our profile page. Hopefully we can make a book from these for all to read.

### **SPORTS PROFILE - DANNY SOUTHGATE Age 11**

Danny 3<sup>rd</sup> from left with some of the school team

**Sport you are involved in?** Basketball

**When did you start playing?** Can't remember - age 4 or 5.

**How often do you compete?** Twice a week - Domestic and Representative comp.

**How often do you train?** 3 times a week. Once for domestic and twice for domestic including a 7am start on Sunday mornings but its worth it.

**Do you need a special uniform or equipment?** Yes shorts / basketball singlet and basketball shoes or good runners.

**What costs are involved in your sport?** Not sure as my mum and dad pay. (stay tuned for next newsletter for costs)

**What suggestions would you give to others who are thinking about trying this sport?** Have a go even if you are a beginner as it is great and you will improve a lot.

**What is the hardest thing about playing this sport?** Nothing, it is fun.

**What is your most memorable moment?** Scoring a foul shot on the siren to win the Under 10 grand final, and winning MVP (most valuable player) in the grand final.

**What do you like best about playing basketball** - everything - excitement, friendships, scoring goals, my parents and older brother watching.



## NEWSLETTERS



In the interests of our environment and with the amazing world of technology available we will be sending our fortnightly newsletter, by way of email. We did previously send you the link to our newsletter via our website, but the good news is that now we can actually send you the whole document for your convenience.

Many of you had chosen to revert back to hard copy because of the link so being our first week to email the whole document we have sent it to all of our community who have advised they have email addresses. It will still be available on our website for those who prefer to view it there .

We do appreciate that there are families who do NOT have access to, or may have restricted access to emails, so we will still make hard copies available for those members of our community. We hope you can now enjoy your colourful Baden Powell News via email so that we can keep you informed, celebrate our wonderful College events and save our trees.

**If you have difficulty receiving your electronic issues of your newsletter and would prefer hard copy please complete the slip below and return it to your campus at your earliest convenience.**

**I wish to receive hard copies of Baden Powell News through my child's grade**

Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_

CAMPUS \_\_\_\_\_ Child's Grade \_\_\_\_\_

Contact No: \_\_\_\_\_ **If you just wish to update your address complete below:**

Please print email address you want to use is: \_\_\_\_\_

Previously given Email address: \_\_\_\_\_



Connect 9 is the name for our year 9 group.

Year 9 students can relate our team logo to themselves and their time at Baden Powell College. It serves as a constant reminder to the students and their teachers about the purpose of the year 9 journey at Baden Powell College - Connecting to their learning, connecting to themselves, connecting to people and connecting to the community.

Each fortnight we will use this article to tell you about all of the things happening in Connect 9. Keep your eyes peeled for all of the fantastic programs and opportunities that our students are a part of.

This fortnight Connect 9 students connected with some children in younger year levels. We made younger students feel welcomed into the school by making and eating French toast and pancakes! We were able to establish ourselves as role models with these younger students and of course had fun making and eating all the food!

## THE WORLD'S GREATEST SHAVE



Baden Powell College is supporting the Leukaemia Foundation's World Greatest Shave on 11<sup>th</sup> March, 2011. Students are encouraged to wear 'crazy' or washout coloured hair (coloured hair spray) to school on that day and are asked to make a gold coin donation for this privilege. We are also offering an opportunity for children to have their hair coloured at school. The eldest child in each family will have received a note which needs to be returned to school, with \$2 per child, by 3<sup>rd</sup> March if they wish to have their hair coloured at school. In addition some of our Tarneit staff members have agreed to have their heads shaved if members of our community sponsor them. They will be joining Mr Clarke and Mr Maczohan as the shaved head brigade. Sponsorship can be made by returning the attached form to the office at each campus and our student leaders will send out receipts for donations over \$2.



*Baden Powell College Student Leaders*

I .....

Parent of ..... Class .....

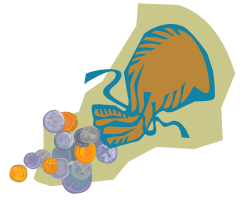
wish to sponsor Baden Powell College Staff members who are having their head's shaved.

I am enclosing ..... to sponsor the teachers.

Signed: .....

## SCHOOL BANKING

Don't forget school banking has commenced and you can now send along your books and deposits every Tuesday for the Tarneit P—9 campus and every Wednesday for the Derrimut Heath PS campus. It is a wonderful fundraiser for our school as we receive 5% commission for all deposits made at school.



**Please Note:** This is a deposit service only, we cannot accept any withdrawals.

# Parents and Friends

Supporting our College and students, come along now and enjoy being involved. All welcome!!

We hope you have had a lovely start to the school term and look forward to seeing you all in the near future. Thank you for your support to the Subway lunch day we hope the students enjoy their healthy lunches. Please don't forget to join us for our light supper before our AGM, we look forward to having many new parents involved in our wonderful committee.

**Contact Sue Love on 9748 8688  
if you would like to attend.**

## MEET AND GREET OUR COMMUNITY

Meet and Greet families of the Baden Powell community on Tuesday 8th March at 6.30pm. in the staffroom of our Derrimut Heath campus, Sycamore St Hoppers Crossing

It is a wonderful way to meet the members of Parents and Friends who are always supporting our College, and students, in amazing ways. You can enjoy some quality time with our parents before we commence our Annual General Meeting at 7pm.

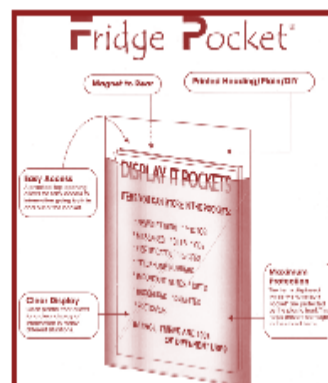
We would love to share this occasion with you and look forward to your attendance.

### PLASTIC FRIDGE POCKETS

If you are looking for a convenient way to store your children's school notes, memorandums, or even those constant bills that have to be paid Parents and Friends have found the answer. We would like to offer you the opportunity to purchase this great organizational idea, magnetic plastic pockets. They can be placed on the fridge / filing cabinet and can store any size notes up to A4. They also have the advantage of having the phone and fax numbers of the Baden Powell Campuses printed on the top of the pockets for your convenience, should you need the number in a hurry.

The magnetic pockets are available for only \$3 per pocket it is an easy, cheap, convenient way to become organized in our busy lives.

We have a good supply of pockets available so that our community can access them on a regular basis. Samples of the pocket will be available for viewing at the office of either campus, and they will be available for purchase directly from the office.



# Arts News at Baden Powell College

## The Arts Team

Introducing our talented team of teachers teaching The Arts across the College.

### Did you know?

It can take many months to hand weave a silk carpet. This lady lives in Turkey and I saw her when I visited there last year. She works up to 8 hours a day and follows the paper pattern to create the design. She ties the knots very quickly and uses a sharp knife to even out the pile.



Nicholas Murray : Visual art and photography.

Julie Bolton: Visual arts.

Fiona Deneys: Music.

Teresa Murray: Visual arts.

Maria La Rocca: Visual arts and music.

Simona Grippi: Music and performing arts.

Fiona Hardy: Visual arts.

Maree Carabott: Music.

Ayesha Dharmabandu: Performing arts.

Kylie Galea: Visual arts.

Karen Woods: Music.

Koreen Keiper: Dance.

Samual Carlton: Stage and visual communication

Holly Brown: Media

Debra Bennett: Visual arts.



The Primary colours are red, yellow and blue.

The Secondary colours are orange, purple and green.

If you add white to a colour it is called a tint.

If you add black to a colour it is called a shade.

**Wanted:** If you have any of the following they will be gratefully appreciated; washed meat trays, ice cream containers, yoghurt containers, buttons, wool, ribbon, bubble wrap, wrapping paper.

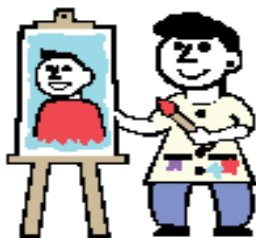


**Quiz:** Where would you find this Pyramid?

**Answer:** Not in Egypt. It is found at the Louvre in Paris. The Louvre contains many of the world's most precious and interesting art works.

## Art Smocks

All students need to have their own art smock with their name and grade written clearly on it.



Strong protective smocks can be purchased through the uniform shop or a large old shirt will suffice.

## Just a quick word from the Photography Elective..

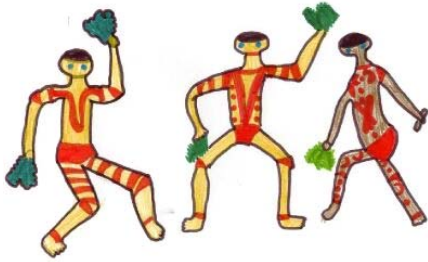
What is in the bottom of your draw? Do you have any old film lying about? Do you have a film camera that you do not use anymore?

The Photography elective class is after donations of any old unused **35mm film** (even expired!!) to be used by Year 9 students as part of an upcoming unit. Students will be taking photographs (LOMO style in Term 2), If you have a film camera that is gathering up space and is not in use anymore, we would be more than happy to give it an opportunity of capturing fresh experiences as part of the Term 2 unit. Donations can be brought to the Arts Centre before or after school and can be left with Mr Murray. Thanks!!





As part of our teaching and learning commitment at Baden Powell P-9 College, it is imperative that we take into account the diverse background of students in our care. The following links can provide students, staff and parents with some cool interactive activities on indigenous Australia. Check out the links below to get started:



<http://www.teachers.ash.org.au/wattle/abstuds/>

This is an awesome web-quest that students can undertake for exploring indigenous culture. It also contains excellent teacher reference material to assist with curriculum planning.

<http://www.aboriginaleducation.sa.edu.au/pages/Educators/resources/?reFlag=1>

Developed by the Department of Education and Child Services in South Australia, this website is excellent for teacher prior reading and reference material. It also contains links to student activities, and community links.

<http://education.qld.gov.au/schools/indigenous/resources.html#students>

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Ph Danielle 0413 503 223

Ph Dene 0432 936 849

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If you wish to advertise in the newsletter please contact Sue Love on 9748 8688 or 8734 0900. We produce a fortnightly newsletter that goes home to over 1,100 families. Or, if you have a sporting, dance club or group that is looking for a venue to hire we have some vacancies available during the week also contact me on the above telephone numbers.

Thank you. Sue Love

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Tribute Show

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9748-0641

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# INSIGHTS

by Michael Grose - No. 1 parenting educator

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## Help your child **ACHIEVE!**

One way to help your child achieve at school is to work together with your child's teacher. The parent-teacher partnership takes work from both sides to become a reality. Here are some ideas that will help.



There's no doubt that the best outcomes for kids happen when teachers and parents work together to support children's learning. Here are 10 ways you can work with your child's teacher to maximise your child's chances of school success.

### 1. Know what your child's teacher is trying to achieve.

Like children, every teacher is different with their own specific expectations, goals and interests. Get to know your child's teacher and gain an understanding of their approach and aspirations for your child's class.

### 2. Keep your expectations reasonable and positive.

If your expectations are too high they may give up. Too low and they will meet them! The trick is to keep your aspirations for your child in line with their ability and their interests. Also be realistic about what your child's school can deliver. Sometimes our expectations of schools are not in line with their capabilities or their roles.

### 3. Support your teacher's expectations & activities at home.

One practical way of supporting your child is to take a real interest in their home-based learning tasks and follow the guidelines laid out by teachers.

### 4. Send kids to school ready to learn and on time.

Maximise your child's chances of success by sending them to school in a good frame of mind, with plenty of sleep and a good breakfast. Also make sure they get to school on time. It's estimated that many kids miss up to two weeks of school a year when they are routinely late by just five minutes a day.

### 5. Inform teachers of your child's challenges and changes.

Life's not always smooth sailing for kids. Family circumstances can alter. Friends move away. Illness happens. These changes affect learning. Make sure you keep your child's teacher up-to-date with significant changes or difficulties your child experiences, so he or she can accommodate their emotional and learning needs at school.

### 6. Skill children to work with others.

Schools are social places requiring children to work and play with each other much of the time. Teaching manners to kids, as well as encouraging them to share their time, space and things with others are practical ways to help kids with their social skills. Talk through any social challenges they may have, helping them develop their own strategies to get on with others.

### 7. Respectfully seek joint solutions to problems and difficulties.

Resist the temptation to solve all your children's problems or think you have the only solution. Most learning and social problems can be resolved when teachers and parents work together in the best interests of the child.

### 8. Participate fully in class & school activities.

There is a huge body of research that points to the correlation between parent involvement in a child's schooling and their educational success. Quite simply, if you want your child to improve his learning then take an interest in his learning, attend as many school functions as you can, and follow the lead provided by your child's teacher. This simple strategy will have a massive, long-term impact.

### 9. Trust your teacher's knowledge, professionalism and experience.

Your child's teachers are your greatest allies. Their training, their experience around kids and their objective professionalism puts them in a strong position to make judgement calls about your child.

### 10. Talk up what happens at school.

Your child will take their cues from you about how they see their school. If you want your child to value learning, and enjoy their time at school then you need to support your school and make sure he or she hears positive messages about learning, teachers and the school itself. You can set a strong educational agenda at home by talking up your school.

This type of 10 point plan is easy to read but hard to put into practice, particularly when you get busy or your child has significant difficulties. Choose two or three ideas from this list to really focus on in the coming year and you'll find that the rest will fall into place. Good luck and nurture the partnerships you have with your child's teachers.

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# INSIGHTS

by Michael Grose - No. 1 parenting educator

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## Enjoy being a parent

Bringing up children is hard work. Here's how to enjoy the journey.



Raising kids is supposed to enrich our lives, yet parents are frequently outscored by singles and childless couples on many well-being and happiness scales.

Perhaps it's a case of the rewards of parenting being long-term, rather than in the present.

Those bundles of joy that you bring into the world come with some significant challenges as well. Genetic lottery plays a part. Some kids are easier to like and get along with than others. Most kids will push their parents' buttons to some degree. However, some kids delight in annoying their parents more than others.

Most parents have terrific long-term goals for kids, such as making a contribution to the community and being successful in future work and relationships. We also want our kids to like us when they grow up.

But we want peace at home, which means we want our kids to get on with each other more and argue less. We also want our kids to do as we say the first time and to help around the house without accompanying sulks or tantrums that so often greet a reasonable request. This type of cooperation makes parenting enjoyable rather than just tolerable.

Here are some tips for achieving harmony and enjoying your role as a parent:

### 1. Improve your parenting skills

Getting cooperation from kids isn't as hard as most parents think. Firmness, good communication techniques and a determination not to be a martyr are the keys. Consider attending a parenting course, reading some books or working alongside a trusted friend to improve your child-management skills.

### 2. Check your expectations

Most parents are focused on raising happy kids and will do so at the expense of themselves. I support this view in the short-term, but putting kids first at your own expense is not a great long-term strategy for raising kids.

If you want your kids to be happy and to thrive then you come first. You need to get some joy, if for no other reason than that your state of mind rubs off on your kids.

### 3. Maintain your own interests

Most parents will agree that time away from kids helps them enjoy being with their kids. However, parents are hardwired to put kid's interests before their own. There's nothing wrong with that, but we do need to maintain some interests or hobbies of our own. It's amazing how you can put up with more mundane parenting moments when you have something to look forward to!

### 4. Build regular down-time into family life

When I ask parents how they are faring, I usually get one response. "I'm busy." It seems we try to fit so much into our days that there isn't a lot of fun to be had in parenting. Fun, rest, relaxation and flow have been squeezed out of our lives in the pursuit of more. When you strip fun and enjoyment from any activity then anxiety always increases.

Don't be a family that's always on the go. Make sure you have some down-time so family members can relax and have the chance to connect. And don't be afraid that your kids may become bored. Boredom gives kids opportunities to keep themselves occupied.

### 5. Have some fun with your kids

One way to increase parental enjoyment is to inject a little fun and levity into your parenting. If that means more time playing with your kids, just for fun, then so be it. Spend time doing more of what you enjoy with your kids and parenting satisfaction levels will improve.

Okay, so the house may end up messier than you'd like, and the garden unkempt but you may just end up with a smile of your face, and happier kids as well.

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## Back to School Asthma Checklist

Back to school time presents a phenomenon called the 'Back to School Spike', which is a well-documented occurrence of an increase in asthma hospital admissions in children. This trend occurs two weeks after school goes back, with the spike generally occurring in mid to late February. Ensure your child with asthma is prepared for the new school year by following this simple back to school asthma checklist.

### Doctor Review

- Updated Asthma Action Plan (*advise the school of any changes to their plan*)
- Medication Review
- Preventer medication scripts
- Technique Review (*good device technique will ensure more medication reaches the small airways*)
- H1N1 Vaccination

*(A person with asthma who gets any type of flu has a greater chance for developing serious health complications from the infection. Anyone with asthma is recommended to get both the seasonal flu vaccine and 2009 H1N1 vaccine.)*

### School Asthma Action Plan returned

*(This needs to be updated at least annually or as required)*

### Blue Reliever Medication & Spacer

*(ensure your child has their blue reliever medication and spacer device available at all times. Remember to check the expiry date and amount of medication left in the canister)*

### Your child is aware of their asthma triggers



For further information please contact the Asthma Foundation of Victoria on 1800 645 130 or email [schools@asthma.org.au](mailto:schools@asthma.org.au)

## Floods and Asthma

In the aftermath of the recent floods, most people will be focusing all their energies on the clean-up. However, it is important to protect your health in the process.

### Mould and your Health

- Mould thrives in the damp, still environment of a flooded building
- People are exposed mainly by breathing in the mould spores
- Inhaling mould spores can trigger asthma and worsen other respiratory and allergic conditions
- Many people are sensitive to mould and may experience a stuffy nose, irritated eyes, wheezing or skin irritation
- Asthma symptoms such as coughing and wheezing often worsen after exposure to damp and mould
- Rarely, people with chronic lung disease may develop mould infections in their lungs

### Stay in control of your asthma

There are several things you can do to ensure you stay in control of your asthma during this time:

- If you suspect your medications and/or spacer were affected by floodwaters, replace them as soon as possible
- Always carry your blue reliever and keep taking your preventer medication as normal
- Visit your doctor to receive a thorough check-up and update your Asthma Action Plan
- Be familiar with the signs of worsening asthma and the 4 step first aid procedure



For further information please contact the Asthma Foundation of Victoria on 1800 645 130 or email [schools@asthma.org.au](mailto:schools@asthma.org.au)