

HEALTH POLICY

PURPOSE:

Our purpose in Health Education is to ensure:

- The safe and healthy development of the individual child.

GENERAL AIMS:

- To provide opportunities for students to develop an understanding of the skills and attitudes related to personal and community health and well being.
- To improve students' competence in making and acting upon choices affecting health and wellbeing.
- To encourage students to act upon decisions which lead to the adoption of healthier life-styles.
- To make students aware that their decisions will directly affect the quality of life enjoyed by themselves, an individual or a community.
- To provide the students with:
 - Information which will enhance a healthy lifestyle, and awareness of the significance of attitudes and values.
 - Opportunities to develop skills in communication, critical inquiry and enhance students' self esteem.
- All students will receive a comprehensive Health Education (Puberty and Sex Education, Drug Education) to foster their health and safety.

GUIDELINES:

- Health will be taught within the curriculum program. It will be delivered to appropriate Year levels using college based programs and external resources e.g. Life Education Van, Family Planning Services, Grade 5 & 6 Puberty (Sex Education) and Drug Education are done on a two year rotation etc.
- The Baden Powell College P – 9 Health Policy document forms the basis for clear direction in our Health curriculum in conjunction with the **P.E./Health AusVELS** and National Curriculum Document and teachers should be familiar within this document.
- Health Education is seen as a shared responsibility between the college and the home, and the wider community.
- Where possible the Health program will be:
 - Cooperatively planned by teachers
 - Lessons be activity based, and
 - Be integrated with other key learning areas

- The Health program should be comprehensive, providing content that is broad and balanced.

IMPLEMENTATION:

- Each teacher will use and have direct access to the **P.E. & Health AusVELS** and National Curriculum Document and the Baden Powell College P – 9 Inquiry Curriculum.
- Health will be activity based where possible and taught as part of Baden Powell College P – 9 integrated curriculum, by classroom teachers.
- Teachers will be encouraged and expected to undertake professional development programs in Health such as the Occupational Health and Safety Unit, First Aid Training, Drug Education, Anaphylactic Training and Sex Education.

Where possible the Health program will be:

- Teachers are encouraged to corporately plan units
- Health Education is seen as a shared responsibility between the college, the home and wider community. Parents will be **active** in understanding and assisting the implementation of the Health Program through classroom and excursion assistance and information evenings, where appropriate.
- We will seek local community support to enable students to explore and relate Health in everyday life.
- Activity- based units of work will be developed in teams with the assistance of the Curriculum and Resource Committee by providing support materials which will be revised and reviewed by the Curriculum and Resource Committee.
- Computers and relevant software will be utilised as a teaching and learning resource.

EVALUATION:

- This policy to be reviewed as part of the college's two year review cycle, individually, in teams and with the community in 2016.