



A word from our College Principal

Dear Parents and Carers,

It has been wonderful to return to Baden Powell College following my recent two weeks of leave. I would like to sincerely thank Mr Adam Miller for stepping into the role of Acting Principal during my absence. It is reassuring to be able to step away knowing that BPC is in capable hands, supported by the skills, experience and passion of our leadership team. Thank you also to our staff for continuing to support our students and families throughout this time.

Book Week:

This week is an exciting one across the College as we celebrate Book Week. Students are participating in a range of fun activities designed to further develop their love of literacy, reading, and literature. We are particularly looking forward to our Book Week celebrations on Friday, when students are invited to come dressed as their favourite book character. I am sure we will see plenty of creativity from both students and staff, and I look forward to seeing the costumes and enjoying the celebrations across both campuses. Parents are welcome to attend the parade at 9:00 am in the courtyard, please note there will not be a primary assembly on this day.

Celebrating a BPC Sporting Achievement:

Recently, we held a Casual Dress Day to support one of our BPC students who was selected to represent Victoria in the State Rugby Team. This was a wonderful achievement and an exciting opportunity for the student and his family, who travelled to Queensland for the tournament. Our student proudly wore the Victorian State Team uniform and represented both Victoria and Baden Powell College with pride. The Victorian team finished third overall, which is a fantastic result.

Through the generosity of our BPC community, our Casual Dress Day raised an incredible \$750.40 to assist the family with expenses associated with travelling to and participating in the tournament. Thank you to everyone who contributed. It is wonderful to see our community come together to support and celebrate the achievements of our students.

Planning for 2027:

Although it may feel like 2027 is still some time away, planning for the next school year is already well underway. We are beginning to consider staffing, class structures and student numbers across both campuses.

Accurate enrolment information is an important part of this planning. If you have a child who will be commencing at BPC in 2027, please ensure you have communicated with our Administration Team and completed the required enrolment process.

2026 Curriculum Days

Monday November 2

2026 Calendar of Events

August

Thursday 27

Grade 2 Melbourne Museum

Friday 28

Book Week Parade

Monday 31

Father's Day Stall DH Campus

September

Tuesday 1

Father's Day Stall Tarneit Campus

Wednesday 2

2027 Year 7 College Tour

Thursday 3

Out of Uniform - Gold coin donation

BPC Movie Night

Friday 4

P-2 Athletics

Wednesday 9

Year 4 Camp - Ferngully Lodge

Year 7 Science Works

Thursday 10

Year 4 Camp - Ferngully Lodge

Year 8 Science Works Excursion

Friday 11

Year 5 Smoothie Bar

Year 4 Camp - Ferngully Lodge

Wednesday 16

Year 7-9 Parent Teacher Conferences

Friday 18

Last Day of Term 3 - School dismissed at 2pm



A word from our College Principal

Similarly, if your family is moving or you already know that your child will not be attending BPC in 2027, please let us know as soon as possible. Our projected student numbers are a key factor in determining staffing and class structures, and having accurate information assists us greatly with our planning.

Road Safety – A Shared Responsibility:

Sadly, last week a student was struck by a vehicle outside our Tarneit Campus during school pick-up time and was transported to hospital by ambulance. Thankfully, the student's injuries were not life-threatening, and we have continued to provide support to the student and their family.

Wellbeing support is also available for students who witnessed the incident or who may have been distressed by what occurred. Families who believe their child would benefit from speaking with a member of our Wellbeing Team are encouraged to contact the College.

This incident provides an important reminder for all of us about road safety around our schools. We ask families to regularly speak with their children about using designated pedestrian crossings, looking carefully before crossing roads and remaining alert around vehicles. At the same time, adults have an equally important responsibility to model safe behaviour.

Drop-off and pick-up times create significant congestion around both campuses. We ask all drivers to slow down, remain patient, follow parking and traffic regulations, avoid unsafe maneuvers and be constantly alert for children. The 40 km/h school-zone speed limit is a maximum, not a target. At busy times, conditions may require drivers to travel significantly slower. The few minutes saved by rushing, speeding or making an unsafe parking or driving decision are simply not worth the risk to a child's safety. Please help us keep every member of our community safe.

Individual Education Plans and Differentiated Learning

As previously communicated, this term we have made adjustments to the way Individual Education Plans (IEPs) are documented across the College. These changes support a consistent approach to differentiation while ensuring staff time is directed towards high-quality planning, teaching and assessment.

Students achieving above the expected curriculum level continue to be supported, challenged and extended through differentiated classroom teaching. Teachers use assessment data to plan targeted learning opportunities, adjust the complexity of tasks and provide opportunities for students to apply and deepen their understanding.

Students working above the expected level will no longer have a formal IEP documented solely on the basis of being above level. Instead, teachers will document and embed appropriate extension and differentiation within their regular curriculum planning. This allows extension to remain responsive to each student's current achievement, progress and classroom performance while reducing unnecessary administrative duplication for teachers.

IEPs will continue to be developed for students who require significant adjustments, targeted goals or additional supports to successfully access their learning. Our commitment remains the same: every student should experience growth, appropriate challenge and success in their learning.

Parents Approaching Students in the School Yard

Recently, we have had several incidents where parents or carers have approached other students in the school yard to discuss an issue or concern involving their child. I need to be very clear that parents and carers must not approach, question, challenge or seek out another person's child on school grounds to resolve a concern.

A word from our College Principal

We understand that parents will naturally advocate for their own children when something has occurred. However, issues involving students need to be managed by College staff. Approaching another student can escalate a situation, cause distress for the children involved and make it more difficult for staff to appropriately investigate and resolve the matter.

If your child tells you about an incident at school, please contact the appropriate staff member and allow us to follow it up. Our Complaints and Grievance Policy, available on the College website, outlines the appropriate communication pathway. In most instances, the classroom teacher should be the first point of contact. If further support is required, the matter can then be escalated to the relevant Team Leader and, where necessary, the appropriate Assistant Principal.

Celebrating Our 2026 NAPLAN Successes

We have recently spent time analysing our 2026 NAPLAN data, and there are a number of strengths to celebrate across our College. In Reading, students across year levels demonstrated particular strength in locating and interpreting information that is clearly presented in texts, with positive results also evident in understanding characters, identifying key ideas and interpreting accessible vocabulary. Our Year 9 students demonstrated strong understanding of character actions, feelings and perspectives, while our Year 7 students showed strength in understanding vocabulary, main ideas, audience and writer perspective in accessible texts.

There are also many positives within our Numeracy results. Our younger students demonstrated strengths in foundational number skills, addition and subtraction, patterns, measurement and interpreting simple data, while our secondary students showed strengths across whole-number operations, foundational algebra, spatial skills and data interpretation. In particular, our Year 7 students performed strongly in addition and subtraction, basic multiplication and whole-number skills, while Year 9 students demonstrated strengths in whole-number operations, equivalent fractions, basic fraction-percentage conversions and interpreting graphs and tables. These results provide us with valuable information about what is working well, while also helping us identify the areas that will remain a focus for teaching and learning as we continue to strive for growth for every BPC student.

Family Feedback

We are seeking feedback from families regarding the future provision of Outside School Hours Care (OSHC). As our current licence agreement is coming to an end, we would like to better understand the needs of our school community and whether families require an ongoing OSHC service. Please take a few minutes to complete the survey and share your feedback with us. Survey: [LINK](#)

Thank you to our families for continuing to work alongside us and for your ongoing support of Baden Powell College and our students.

Warm regards

Vicki Minton

College Principal





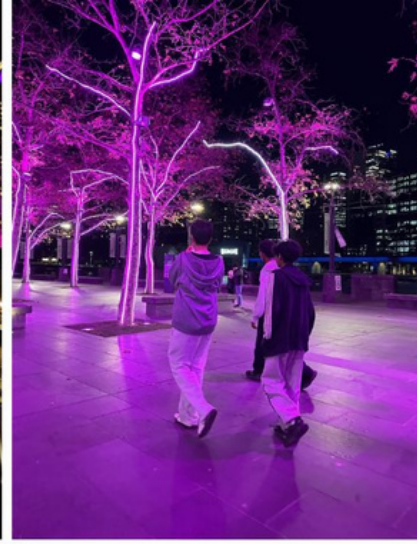
Moonlight **MOVIE NIGHT**



**TARNEIT
CAMPUS
OVAL**

**THURS
SEPT
3**

**EVENT STARTS
5PM
MOVIE STARTS
6:30PM**



BADEN POWELL COLLEGE

Year 9 Camp

Our Year 9 students had an action-packed City Camp filled with adventure, independence, and plenty of memorable moments. Students explored Melbourne Zoo, tackled a city night walk, and took on an Amazing Race that challenged them to navigate the city independently. They also visited South Melbourne Market, enjoyed a movie at IMAX, and experienced lots of other memorable moments throughout the three days. We were immensely proud of the way the students conducted themselves and hope they had an enjoyable and memorable camp experience.



let's show our support ♥



BADEN POWELL COLLEGE

OUT OF UNIFORM DAY



Congratulations Kayden!

Congratulations to Kayden, who has been selected to represent Victoria in the Under 12 Netball Team!



Kayden will travel to Darwin to compete in the School Sport Australia Games. An incredible opportunity and a fantastic achievement!

To help support Kayden on this exciting journey, we will be holding an Out of Uniform Day on **Thursday September 3**. Students are invited to come out of uniform and bring a gold coin donation, with all money raised going towards supporting Kayden.

Congratulations, Kayden! We are so proud of your achievement and wish you all the best for the competition.



GRADE 3



You Yangs

On Wednesday the 19th and Thursday the 20th of August, our grade 3 students went on an excursion to the You Yangs national park. Although there was some rain, they had so much fun exploring the park, seeing kangaroos, different types of trees and discussing the connection to country. It was great to see them showing our school values and representing BPC with pride.





BADEN POWELL COLLEGE

IMPORTANT!

Wednesday September 16
Year 7-9 Parent Teacher
Conferences.

No School for our Year 7-9
Students

Friday September 18 - Last
Day of Term. Students will
be dismissed at 2pm.





Year 8



Future of Energy Program

Year 8 students participated in the Future of Energy program at Wyndham Tech School, where they explored how technology can support cleaner and more sustainable energy solutions. Students learnt how programming and automation could be used to solve real-world problems, including designing ways to help clean and maintain solar panels so they can continue operating efficiently. The program gave students hands-on experience with STEM, coding, problem-solving and emerging technologies, reflecting Wyndham Tech School's strong focus on industry-linked, future-focused learning.





**MONTY THE
MONSTAR**



COLOUR RUN!

GET COLOURFUL, GET ACTIVE, HAVE FUN!

EVENT DATE:



**17TH SEPTEMBER
2026**



**FUN RUN DURING
SCHOOL HOURS**



**WEAR WHITE & GET
READY FOR COLOUR!**



**RAISE FUNDS FOR
SCHOOL RESOURCES!**

SIGN UP TODAY!

**SCAN THE QR CODE
TO CREATE YOUR PROFILE!**



**LET'S MAKE
OUR COLOUR RUN
THE BEST ONE YET!**

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3-6 DISTRICT ATHLETICS

On Thursday August 13 selected students participated in District Athletics.

Congratulations to the following student who have made it through to Division Athletics

Emmanuel T5A

Indie D6A

Janet T6D

Jordan T6B

Kurene T5B

Lueth T5C

Madina D4A

Nelson T3A

Sia T4A

Tayne T6D

Fariza D6A

Isla D5A

Jeremiah T4C

Kayden T6A

Lachlan T6C

Mayen T3A

Nayla T6C

Osman T5B

Sione T4C



BADEN POWELL COLLEGE

2027 College Tours

Come and see what Baden Powell College has to offer. Both Campuses will run College tours on the following days.

2027 Year 7 School Tours:

Wednesday September 2, 4:00pm - Tarneit Campus

Thursday October 8, 10:00am - Tarneit Campus

Wednesday November 4, 4:00pm - Tarneit Campus

Thursday December 3, 10:00am - Tarneit Campus

Children are more than welcome to attend.



RESPECT

INTEGRITY

ENDEAVOUR

RESILIENCE



BADEN POWELL COLLEGE

PREP 2027

Now accepting enrolments

If you have not yet enrolled your child at Baden Powell College, please contact us at either campus.

Tarneit Campus- 8734 0900
Derrimut Heath - 9748 8688



TheirCare

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Whether you're working, have an appointment, or something unexpected comes up, TheirCare supports parents with outside hours school care that's easy to book, inclusive and fun for kids.

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Please scan qr code or visit our website for dates and locations
www.wyndham.vic.gov.au/get-psychd



wyndhamcity
Youth
Services



BADEN POWELL COLLEGE

Free Smile Squad Custom Mouthguards Coming to Baden Powell P-9 College

Is your child playing contact sports like AFL, rugby, netball, basketball, or hockey? Protect their teeth with a 100% free, custom-fitted sports mouthguard through the Victorian Government's Smile Squad program, delivered by IPC Health.

Unlike bulky store-bought guards, these custom-fitted mouthguards offer maximum protection, make breathing and speaking easy, and keep your teen safe on the field.

- On-Site School Visit: IPC Health is visiting our campus to provide quick, mess-free 3D digital mouth scans.
- Completely Free: There is zero cost to families or the school.
- Full Dental Care Available: This school visit is strictly for mouthguards, but your child is also eligible for free dental check-ups, cleans, and treatments at local IPC Health clinics in St Albans, Hoppers Crossing, and Wyndham Vale.

How to secure a free mouthguard for your child: Simply scan the QR code below to complete the online consent form before 1st September, 2026.



Note: Your child must have a completed consent form to participate in the on-site scanning day.

For questions or to book a full dental appointment at a clinic, contact IPC Health on 1300472432

ipc Health
improving and promoting community health

Happy Birthday to all of our students who have a Birthday in **September**

Abdi	Dede	Isaac-William	Nate
Adem	Devansh	Jacob	Nihaal
Adil	Ebony	James	Niyya
Aki	Emily	Jasmeet	Omar
Alamjit	Emmanuel	Jayden	Phoebe
Alan	Enrico	Keerat	Qwin
Amber	Erica	Khadeejah	Rehman
Andrew	Eve	Kokob	Salim Tijani
Angel	Faaiza	Kurene	Sarah
Arahbella	Fatima	Lincoln	Siraj
Armaan Singh	Gael Maico	Mable	Sonam
Arodeep	Hadley	Mariam	Sophie
Ava	Hamza Pasha Qadri	Marwa	Tauris
Avyan	Hanni	Mathew	Ualesi
Benaiah	Harjap	MD Nubaid	Vivaan
Caleb	Hudson	Micayla	Vyom
Chloe	Inayah	Mohammed Muslim	Ziyang
Dane	Indiana	Myah	

10 Top Tips for Parents and Educators

DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night: it's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.



Don't Cry Over Spilled Smoothie

Yesterday morning I made a mistake. A mindless, silly error.

I made my breakfast smoothie. Frozen banana and strawberry. Cocobella smoothie starter. Yogurt. Protein. (I'm bulking... jokes.)

I reached up into the cupboard and pulled down the tall smoothie glass I use each day, placing it on the bench in front of me. I picked up the blender jug, full of wholesome smoothie goodness and began to pour it out onto the bottom of the smoothie glass.

Note the word I used? Onto?

Not into. Onto.

Nobody told me, but the smoothie glass had been placed into the cupboard upside down. I had grabbed it out of the cupboard without paying any attention. I had deposited the glass on the bench without paying attention - upside down. And I had poured the smoothie onto the upside down base of the glass.

I paid so little attention that I spilled the smoothie all over the glass, the bench, and eventually the floor as it spilled off the counter top.

In psychology, and in life, this is called being "mindless". It's not being present. Not paying attention to what's going on around you. Not being 'here', 'now'. And when you're not paying attention, you tend to get lousy outcomes. Like spilled smoothie.

The opposite of mindlessness is 'mindfulness'. It's being where your feet are. Focused. Or as my kids would say, 'locked in'.

The challenge is that mindfulness is effortful. It places demands on us. Mindlessness? That's easy. Effortless.

Here's the thing though: it's one thing to pour smoothie onto an upside-down glass. It's another to parent that way - mindlessly, present in body, absent in attention, while breakfast and school runs and bathtime blur past on autopilot. Or perhaps we might call it "autoparent".

Harvard psychologist Ellen Langer has spent fifty years studying this. For her, mindfulness is not about meditation cushions and breathing apps.

Mindfulness, she says, is the simple act of actively noticing new things. Her research shows that when we pay fresh attention to something - or someone - we engage more, enjoy more, and even like the thing we're noticing more.

When have you been mindless today? Let me hit you up with a few suggestions from my life:

- When I moved house but drove home to my old house instead.
- When I ate breakfast but couldn't remember what I had eaten.

- When I drove to the airport but didn't really remember much of the drive.
- When my daughter entered the room with 'that' expression on her face. I mindlessly pre-determined that I knew her attitude and what was coming out of her mouth next. (I was wrong.)

Mindlessness has some advantages. It can be efficient to not have to notice everything like it's new all the time. We can take shortcuts and get more done.

But mindfulness offers us more. In a famous Harvard study published in [Science](#), psychologists Matthew Killingsworth and Daniel Gilbert pinged thousands of adults on their phones at random moments throughout the day and asked two questions: what are you doing, and where is your mind? The results were confronting. Our minds wander almost half of our waking hours - and when they do, we're reliably less happy, no matter how pleasant the activity we're supposed to be doing.

The parenting research points the same way. A [University of Sydney meta-analysis](#) led by Virginia Burgdorf pooled the available studies on mindfulness training for parents and found that when parents learned to pay attention on purpose, *parenting stress dropped - and kept dropping in the months that followed*. Better still, their children's psychological wellbeing improved too, even though the kids never attended a session. When we show up fully, everyone in the house feels the difference.

Some questions to sit with:

- When did you last really *look* at your child - not to check, correct or hurry them, but just to see them?
- What are you doing on autoparent that your child experiences every single day?
- If your child described how it feels to be noticed by you, what would they say?

So here's an experiment. For the next seven days, notice at least one genuinely new thing about your child every day.

Two rules. First, it must be something new; something you've never registered before. The way she holds her fork. The word he mispronounces. The song she hums when she thinks nobody's listening. Second, once a day, say something positive about your child and what you've noticed - to them, out loud: "I noticed you always check on your sister before you get in the car. I love that about you."

Then watch what happens. Being noticed is being loved in a language children understand instinctively.

One new thing. Seven days. Start today.

Oh, and check your glass is the right way up.



Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.