



BADEN POWELL COLLEGE

Baden Powell College Newsletter

Issue Three

A word from our College Principal

Dear Parents and Carers,

We have had a great term one at Baden Powell College with a focus on learning, implementing our new college reward program and several community events. We are looking forward to continuing the rigour and focus in term 2.

A reminder to all Parents and Carers that all student medication needs to be stored in our sick bay. Students can not keep any medication in their school bags for safety reasons. Please be sure to read our medication management policy on our website. All medication needs to be in original packaging, clearly labelled and stored in sickbay with the authority form signed by parents.

I am pleased to announce the Baden Powell College School Council for 2024:

Staff Representatives:

Vicki Minton	Rebecca Young	Adam Miller	Jason Vandy
--------------	---------------	-------------	-------------

Parent Representatives:

Parneet Bedi -Vice President	Hayley Millar	Tianie Arthers
Suzie Letzing	Cheryl Eaton	Annie Jolly

Community Members:

Warren Yates -President	Karen Oliver
-------------------------	--------------

Student Representatives:

Otile	Riley
-------	-------

Behaviour Regulator-

This has been introduced in all classes across the college this term. The Behaviour Regulator is a visual prompt and reminder for students around expected behaviours and positive choices that they are to make at school. Every learning space will have a Behaviour Regulator and they are reset every session. When a student reaches the Role Model section of the Behaviour Regulator, they will receive a compass post that alert you to this. It is great that we are seeing students earning their badges and wearing these with pride. If your child loses a badge, a replacement is available at the office for a \$5.00 charge.

Department of Education Supervision Policy –

Student safety at Baden Powell College is our highest priority and the safe and appropriate supervision of students is an important element of our duty of care to students. Part of this duty is ensuring parents and students are aware of our student supervision arrangements before and after school.

Before school: School grounds are supervised from 8:35 am. **After school:** School grounds are supervised until 3:15 pm.

2024 Curriculum Days

Friday April 26

Friday June 7

Monday July 15

Monday November 4

2024 Calendar of Events

MARCH

Thursday 28

P-2 Easter Hat Parade

Last Day of Term

School dismissed at 2pm

APRIL

Monday 15

First day of Term 2

Thursday 25

ANZAC Day - **NO School**

Friday 26

Curriculum Day - **NO School**



BADEN POWELL COLLEGE

Baden Powell College Newsletter

Issue Three

A word from our College Principal

Students on school grounds outside these times will **not** be supervised (unless they are attending a before or after school care program or supervised extracurricular activity). Parents/carers are requested to ensure that students do not attend school outside of these supervised times unless they are attending before or after school care. Families are encouraged to contact Camp Australia (details are available on our website) for more information about the before and after school care facilities available to our school community or if you would like any further information about our student supervision arrangements. For a copy of our school's Yard Duty and Supervision Policy see the policy page on our website.

To our Derrimut Heath Campus neighbours, I apologise for the fire alarm that went off last Saturday evening. Unfortunately, there had been a power outage that impacted this equipment, sorry for any disruption this caused.

In the first week of next term, I am taking some long service leave. During my absence Adam Millar will be Acting Principal. I will return on the Monday of week 2 fully refreshed and recharged.

Regards

Vicki Minton

College Principal



BADEN POWELL COLLEGE

Easter Raffle Winners

**Congratulations to all our prize winners
in our Easter Raffle:**

1st Prize: James Milina (T) & Graeme Parcell (DH)

2nd Prize: Phu T4D & Leila D6B

3rd Prize: Arya T7C & Jouille Williamson (DH)

RESPECT

INTEGRITY

ENDEAVOUR

RESILIENCE



3-6 Athletics Day

On Friday March 15, Baden Powell College students united across both campuses to compete for the Athletics Trophy. It was a fantastic day to celebrate our first House competition event for the year and there was a great display of individual success and sportsmanship. The final results were

Baden 440, Derrimut 426, Morris 377 & Sycamore 244.

Well done to all who participated and congratulations to **Baden House for being the 2024 BPC Athletics Day Champions.**





HARMONY DAY

THURSDAY MARCH 21, 2024

Celebrating Our Cultural Diversity



Harmony Day is the celebration that recognises our diversity and brings us together from all different backgrounds. Thanks to those who joined us as we celebrated Harmony Day.

At BPC - Everyone Belongs!



BADEN POWELL COLLEGE

On Thursday March 28, students came to school in casual dress and made a gold coin donation.

As a College we raised a total of
**\$533.55 The Royal Children's
Hospital, Good Friday Appeal.**

The Good Friday Appeal is an annual fundraising activity on behalf of the Royal Children's Hospital, in Melbourne, Australia. The event occurs on Good Friday every year.

Great job Baden Powell College!



**goodFriday
appeal**

THE ROYAL CHILDREN'S HOSPITAL



BADEN POWELL COLLEGE

Student Birthdays

Happy Birthday to all of our
students who have a Birthday in
April.

Adhira	Harshil	Mahdi	Roya
Agampreet	Harsiman Kaur	Mahendra	Ryan
Alexander	Isa	Maifea	Safwan
Alexis	Isabella	Mark	Sahana
Annapurna	Isabelle	Mathusika	Samia Kamilla
Armaan	Ivy Rae Christienne	Matin	Shania
Ashlee	Jasper	Mehal	Sriniketh
Asiya	Jax	Miaoqian	Taj
Aswath	Jayda	Muhammed	Taran Jot
Baani	Jaylee	Nubaid	Trishla
Charlee	Jedidiah	Oliver	Vanna
Clarence	Jovannah	Penelope	Veibe
Courtney	Kaliel	Phoebe	Vivan
Dalia	Khaled	Pranavi	Youssef
Denzell	Krishna	Promise Dominique	Yusra
Dhairav	Lohitaksh	Rida	Zain
Ella	Lorenzo	Riley	Zipporah
Frazier	Lucas	Riyansh	



The Power of Habit

James Clear, author of Atomic Habits, writes that,

“Goals are for people who care about winning once. Systems are for people who care about winning repeatedly.”

We rise or fall according to the level of our systems. But family systems often don’t exist. Chaos, rush, and stress dominate. Spontaneity works on some days. Exhaustion wins on others.

If systems and habits are at the core of our successes, developing effective, usable systems becomes a skill that matters.

Can you write out your morning system? Your weekly meal system? Your exercise routine or system?

What’s the system for strengthening your relationship with your spouse or partner? Your kids?

Here are three practical systems I recommend:

Mornings

- Prep everything from uniforms, shoes, and schoolbags to breakfast choices and lunch decisions the night before.
- Get enough sleep (that’s children and parents).
- Wake up early enough to be ready before the kids need to get started.
- Wake your children up with at least a 15-minute margin in case of challenges.
- Reduce correction and direction and build connection by asking how you can help.

Develop your morning system along these guidelines and watch your family’s effectiveness and connection shift.

Getting on the Same Page

- Have a weekly couples meeting and a weekly family meeting (with treats if necessary).
- Ask, “What’s working this week?”, “What’s not?”, and “What will we work on next week?”
- Make a plan and ensure kids and partner buy-in.
- Integrate accountability processes each morning or evening.

Building a Better Relationship

- Touch each other when you pass in the corridor, sit in the car together, or anytime you can.
- Answer the phone with delight rather than “Yep?” or “What’s up?”
- Schedule a regular date (that doesn’t include watching a screen).
- Share long kisses when you leave the house and when you return.
- Remember to say “Hi” and “Bye.”
- Say, “I love you”, and use their name.
- Have sex that focuses on female pleasure. (As the famous book is titled, *She Comes First*). Prioritise sexy time so it isn’t 10p.m. exhausted “get it over with” sex.
- Have a night away together once every quarter/term.

These are idea starters, not gospel. Creating positive habits together with small and consistent daily actions aligned with your system moves the needle.

It’s not just about what you do today, but about what you do every day. Your family’s happiness and your parenting effectiveness will reflect the habits you establish over time.



AUTHOR

Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters and grandfather to 1 granddaughter. He is the parenting expert and co-host of Channel Nine’s Parental Guidance, and he and his wife host Australia’s #1 podcast for parents and family: The Happy Families Podcast. He has written 9 books about families and parenting. For further details visit happyfamilies.com.au.



**ENROL
NOW**

MUSIC LESSONS

GUITAR
KEYBOARD
SINGING

ONLINE ENROLMENTS
CALL 0401951592
DON'T MISS OUT

www.genesismusicschool.com.au

